

## **Course Title: Mastering Distal Point Acupuncture: Balance Method Decoding of *I-Jing* Hexagrams.**

**Presented by Dr Antonio A Alfaro, DVM, MSc, CVA, MSc-TCVM,  
CBMS&ELP**

**Main Objective:** *To provide veterinarians with a systematic protocol for treating pain and dysfunction using distal points, leading to faster results with fewer needles.*

### **DAY 1: The Foundation of Balance – From Theory to Immediate Application**

#### **MORNING SESSION 1 (2 Hours): The Balance Method Revolution**

- **Session Title:** Beyond Local Points: A New Paradigm for Veterinary Medicine
- **Clinical Focus:**
  - From Dr. Tan to Veterinary Practice: The Evolution of a Clinical System.
  - Core Concepts: Defining "Balance" in Practical, Clinical Terms.
  - Evidence-Based Practice: Reviewing the Science Behind the Method.
- **Learning Objective:** Upon completion, participants will understand the historical and scientific rationale for the Balance Method, distinguishing it from conventional acupuncture approaches.

#### **MORNING SESSION 2 (2 Hours): The Holographic Body Map**

- **Session Title:** The Command Points: Your Access Code to the Entire Body
- **Clinical Focus:**
  - The Mirror and Image Principle: The Energetic Blueprint of the Body.
  - The Ancient Shu/Command Points: Their Functional Anatomy and Energetic Significance.
  - The Three-Step Clinical Protocol: A Foolproof Roadmap (Identify, Balance, Treat).
- **Learning Objective:** Participants will be able to explain the holographic principle and the role of Command Points as systemic master switches.

## **AFTERNOON SESSION 1 (2 Hours): Hands-On Diagnosis: The Acuscan Technique (Scanning by Diagnostic Acupoints).**

- **Session Title:** The Acuscan Method: From Examination to Energetic Diagnosis
- **Clinical Focus:**
  - Integrating *Wang, Wen, Wen, Qie* with Modern Palpation.
  - Step-by-Step Superficial Scan: Locating Diagnostic and *Ah-Shi* Points.
  - **Instructor Live Demo:** Using Balance Method points to eliminate tenderness and confirm the diagnosis.
- **Learning Objective:** Participants will be able to perform a basic Acuscan to identify primary Meridian dysfunction.

## **AFTERNOON SESSION 2 (2 Hours): LAB 1 – Point Location Mastery**

- **Session Title:** Precision Practice: Palpating the Key Command Points
  - **Clinical Focus:**
    - Supervised, hands-on practice locating critical Ancient Shu Points on live animal models (canine & equine).
    - Correlating point location with their holographic relationships.
  - **Learning Objective:** Participants will demonstrate accurate palpation and location of the primary Command Points.
- 

# **DAY 2: The Clinical Toolbox – The Six Systems of Balance**

## **MORNING SESSION 1 (2 Hours): The Energetic Code**

- **Session Title:** Decoding the *I-Ching*: The Fu Xi *Ba Gua* for Clinical Decision-Making
- **Clinical Focus:**
  - A Practitioner's Guide to the Fu Xi (Prenatal) Trigrams.
  - The *Ba Gua* Map for Meridian Conversion and Point Selection.
  - From Ancient Code to Modern Clinical Algorithm.
- **Learning Objective:** Participants will understand how the *Ba Gua* provides the logical foundation for selecting balancing Meridians.

## **MORNING SESSION 2 (2 Hours): Balance Systems 1-3: The Core Strategies**

- **Session Title:** Your Essential Tools for Musculoskeletal Disorders
- **Clinical Focus:**
  - **System 1: The Mirroring System** (e.g., treating right shoulder with left hip points).
  - **System 2: The Opposite Side System.**
  - **System 3: The Anatomical Correspondence System.**
  - Clear clinical rules and indications for each system.
- **Learning Objective:** Participants will be able to select and apply Systems 1-3 for common acute and localized conditions.

### **AFTERNOON SESSION 1 (2 Hours): Balance Systems 4-6: Advanced Applications**

- **Session Title:** Advanced Strategies for Complex and Internal Conditions
- **Clinical Focus:**
  - **System 4: The Circadian Opposites System** (Choosing balancing channels based on the circadian clock's opposite phases).
  - **System 5: The Circadian Neighbors System** (Choosing balancing channels based on adjacent circadian phases with the same polarity).
  - **System 6: The Meridian Drainage System** (Eliminating stagnation using distal points on the affected meridian itself).
- **Learning Objective:** Participants will be able to differentiate when using Systems 4-6 for chronic, internal, or complex cases.

### **AFTERNOON SESSION 2 (2 Hours): HANDS-ON LABS – Case Application**

- **Lab 1 Title: Case Studies in Musculoskeletal Balance (2 Hours)**
  - **Focus:** Practical application of Systems 1-3. The instructor and students will collaboratively evaluate, diagnose, and design treatments for cases provided by the host University/Organization.
- **Lab 2 Title: Case Studies in Systemic & Internal Balance (2 Hours)**
  - **Focus:** Practical application of Systems 4-6, introducing Meridian Conversion for more complex cases. Deep dive into choosing the correct system based on case presentation.
- **Lab Objective:** Participants will gain confidence in applying the Six Systems to real-world cases through guided, collaborative problem-solving.

## DAY 3: Clinical Integration – From Theory to Mastery

### **FULL MORNING (4 Hours): Advanced Clinical Rounds & Complex Case Management**

- **Session Title:** The Master Clinician's Roundtable
- **Clinical Focus:**
  - **Complex Case Presentations:** The host institution will present challenging cases.
  - **Advanced Diagnosis & Strategy:** Combined use of multiple systems for multifaceted conditions.
  - **Global Balance Protocols:** Moving beyond pain management to systemic regulation using Mirror/Image and Meridian Conversion for metabolic, endocrine, and behavioral issues.
  - **Treatment Planning:** Developing long-term management strategies using the Balance Method.
- **Learning Objective:** Participants will synthesize all course material to diagnose and create sophisticated treatment plans for complex cases, demonstrating a foundational mastery of the Balance Method.